

IT IS A GREAT PLEASURE FOR US, MEMBERS OF THE SCHOOL
CROSS COUNTRY WORLD CHAMPIONSHIPS STAFF, TO WELCOME
YOU HERE TODAY.

THIS EVENT WILL NO DOUBT BE A GREAT SUCCESS, DRIVEN BY THE
SPORTING VALUES OF « SHARING » AND « RESPECT »

TUESDAY

- The different delegations will go to the opening ceremony at the « Pierre de Coubertin » gymnasium by public transport.
- A young « interpreter-guide » will accompany each delegation.
- You will meet your guides at 2PM this afternoon at your hotel.
- You will have collected your envelope containing the tube return-tickets at the Fiap hotel on day one.
- The Heads of Delegation are invited to the diplomatic reception dinner. A shuttle bus will take you back to your hotel.

WEDNESDAY

Race day

- Spikes are not allowed on the track
- We wish you all a good race!
- May the best win!
- Always keep in mind the Olympic values of excellence , respect and friendship.

THURSDAY

- Your young « interpreter-guide » will meet his appointed delegation at the hotel. Your guide will accompany you on the different visiting sites.
- It is important to stick to the time schedule.
- When visiting museums, make sure NOT to wear your national team outfit.
- You are free to have lunch any place of your choice. You have a 10 euro budget, which will have been given to you in an envelope on day 1.
- You will be travelling by tube using the « mobiles card » that you will have collected on day 1. It will enable you to travel by tube throughout the day. The card will also be needed to go to the Seine cruise tour in the evening. **DO NOT THROW IT AWAY!**
- Concerning the cruise:
 - It is the only trip where you will not be accompanied by your guide.
 - Make sure to get there on time (the boat leaves at 9PM).
- Concerning the charity dinner:
 - Only one head of delegation by country can attend the charity dinner.
 - The other heads of delegation are free to go on the cruise if they wish to.

FRIDAY

- A lot is scheduled on Friday morning!!
- Early morning conferences at The Sorbonne.
- You must wear your national team outfits.
- Athletes staying at the MIJE, will walk to La Sorbonne.
- You will then take public transport to go from La Sorbonne to Charlety Stadium. The route details are in your welcome pack. Members of staff will be able to help and direct you when leaving La Sorbonne.
- You will need the tube tickets given to you on day 1.
- After the « Friendship relay », lunch will be served at the international University Campus (La cité Internationale Universitaire).
- After lunch, afternoon is free. Tube tickets will be at your charge, one ticket costs €1.70
- REMEMBER to come back early at the hotel as a bus will then take you to the closing ceremony.

INSTRUCTIONS

- Use the water bottle given to you. Take it with you during your different daily trips.
- Make sure you respect the indicated time schedules. Any delay or mishap will create complications for the members of staff.
- Do consider the traffic congestion problem in Paris. Transport may take longer than expected...
- SUSTAINABLE DEVELOPMENT is one of the main axis of our event. Make sure you adopt an environmental friendly behavior in all circumstances.
- Always respect your hotel's internal requirements. Make sure you do not create any noise nuisance.

- WE WISH YOU A NICE
STAY AND
- A GOOD RACE!